

Basic Personality Dimensions Quote

Overview of Kari Chiappetta Consulting

Kari Chiappetta Consulting has a well-established reputation for providing highly professional, efficient, and customized facilitation and meeting coordination services. Kari has over 28 years of experience in the Social Service industry and is highly trained in a range of facilitation methods and techniques.

Kari's educational background includes a Social Service Worker Diploma from Confederation College and a Life Skills Coaching Certificate. She is also certified in a range of facilitation methods, including Personality Dimensions, Lego Serious Play, and Thomas Kilmann Conflict Mode Instrument. Additionally, Kari has secured her Group Facilitation Methods Certificate from ICA Associates as well as completed the Emotional Culture Deck Master Class.

As a facilitator, Kari is focused on the outcome of the meeting or planning session, as well as the process and how people participate and interact. While achieving the desired goals and outcomes is important, Kari also works to ensure that everyone is engaged and that the experience is the best it can be for all participants.

Kari's approach to facilitation is based on creating an environment that fosters collaboration and mutual respect, ensuring that everyone's perspectives are heard and respected, and shaping and guiding the process of working together effectively. Kari is known for her authenticity, energy, and engaging personality, which allow her to connect with audiences on a personal level and create a positive, safe, and non-judgmental environment.

Overall, Kari Chiappetta Consulting has a proven track record of delivering high-quality facilitation and meeting coordination services that help organizations to achieve their goals, strengthen their operations, and build stronger relationships with stakeholders.

Kari loves to facilitate learning and is passionate about helping provide information and the tools necessary to enable individuals to make positive change. She has extensive experience facilitating various groups including:

- Personality Dimensions™
- Lego Serious Play™
- Various Staff Development Workshops
- Life Skills Programs
- Developing Capable People™ Parenting Programs
- Peer Mentor Training for Youth

Workshops are interactive and enjoyable and allow participants to share and learn from each other.



Kari Chiappetta

Consulting Inc.

Customized Facilitation,
Training and Staff Development Services

Approach, Methodology and Outline

What is Personality Dimensions™?

Personality Dimensions™ is based on leading-edge research in human motivation and behaviour and explains the behaviour and temperament of different personalities.

The Personality Dimensions™ tool is presented in fun, lively, interactive workshops that make learning memorable and easy to apply. The strength of Personality Dimensions™ lays in its application as a self-discovery tool.

A Personality Dimensions™ workshop allows participants to discover the 4 basic personality types and the strengths of each. Through interaction and self-reflection, individuals uncover:

- Heightened self-awareness through knowledge of their dominant personality type
- Underlying principles for the motive force behind personality types
- Productive ways to increase harmonious relationships at home and at work
- Recognize your own unique blend of strengths and qualities
- Learn to appreciate others' differences
- Use your knowledge of self and others to improve interpersonal relations

Learning and applying the principles upon which Personality Dimensions™ is based provides a strategic approach to improving effective communication and working relationships. Identifiable results include:

- Improved awareness and management of various personality types
- Informed team building and coaching
- Evolved communication and change management skills
- Intelligent conflict management
- Improved customer service and increased productivity
- Learn how to appreciate and leverage each other's strengths and find out what personality types suit the team.

Each participant in a Personality Dimensions™ workshop will receive a copy of the *PD in Action* take home booklet. This booklet includes brief descriptions of introversion and extraversion, as well as descriptions of: core needs, characteristics, strengths, skills, weaknesses, likes, and various other areas for each of the four temperaments.

Workshops are tailored to meet individual team needs. Workshops can focus on any of the following topics:

- Conflict Management
- Effective Communication
- Leadership
- Teambuilding
- Change Management
- Sales and Marketing