



Kari Chiappetta Consulting Inc.

Event Planning & Workshop Facilitation

Parenting Workshops

Each workshop is 1.5 - 2 hours long

For further information or to book a session, contact Kari Chiappetta at kiconsulting@shaw.ca
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Using Effective Parenting Tools

Parents will learn:

- ◆ to identify a variety of effective parenting tools including nurturance and prevention tools, guidance tools and consequence tools
- ◆ Parents will learn to apply above parenting tools and have the opportunity to practice the skills

Catch your child being good

Parents will learn:

- ◆ that attention can be used as a positive force
- ◆ how to catch their child being good
- ◆ how to use descriptive praise
- ◆ ways to deal with children who demand too much attention

Setting Limits

Parents will:

- ◆ Understand and appreciate how important limits are for their children and will be able to set effective limits

Consequences: Applying Natural and Logical Consequences

Parents will:

- ◆ be able to use natural and logical consequences rather than punishment to change their child's behavior

Listening is Love in Action

Parents will:

- ◆ Understand why listening to their children is so important
- ◆ Learn and practice listening skills

Helping Children Become Responsible

Parents will:

- ◆ understand the nature of responsibility and how it develops in children
- ◆ learn techniques to help develop responsibility in children and pre-teens
- ◆ have a clearer understanding of the connection between the development of responsibility and “spoiling/overindulgence”

Encouraging Respectful Behavior

Parents will:

- ◆ have a better idea of what respect is and how children develop it
- ◆ be better able to help their children develop empathy and compassion
- ◆ learn to model respect, empathy, and compassion

What is Discipline? What is Punishment?

Parents will:

- ◆ learn to reduce or eliminate physical punishment
- ◆ learn other means of guiding and disciplining children

Dealing with Challenging Behavior

Parents will:

- ◆ Learn how to identify different kinds of challenging behavior
- ◆ Look at and discuss these behaviors more positively
- ◆ Practice new strategies for dealing with challenging behavior

Temperament Workshop

Objectives:

- ◆ To understand where we draw our own energy from and how this effects how we relate to the children we interact with
- ◆ To learn about different temperament traits and learn best ways to relate to spirited children